'MATCHMAKER' HOLIDAY TIPS

page 12



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NEW YORK
Monday, December 3, 2012



sports





Dr. Charles Gray

Associate Professor, Audrey Cohen School for Human Services and Education

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In the news Woman found dead; husband in custody

Around 2:23am on Sunday, police discovered 42-year-old Jodi Surinaga battered and unconscious in her Staten Island home. When emergency medical personnel arrived, they pronounced her dead. The NYPD reports that no arrests have been made and there are currently no suspects, but the deceased's 45-year-old husband has been taken into custody.

A tweet reversal



"This is an absolutely inaccurate tweet. No one ever told me not to appear with the Mayor. No one."

MTA CHAIRMAN JOE LHOTA, TWEETING TO NY POST REPORTER SALLY GOLDENBERG AFTER SHE TWEETED GOV. ANDREW CUOMO "ORDERED" HIM AWAY FROM MAYOR MICHAEL BLOOMBERG EVENTS.

In the news



Halt to movies demanded in Brooklyn Heights

One councilman has had it with dodging film crews that have infiltrated the scenic streets of Brooklyn Heights.

Councilman Stephen Levin has asked the mayor's office to issue a moratorium on filming in the iconic Brooklyn neighborhood after 14 productions had cameras rolling on its brownstonelined streets in the past two months.

Levin said Brooklyn Heights has become so bogged down with film crews shooting movies, shows and commercials that it is interfering with the daily lives of residents. There is often no break between productions and new crews move in as soon as one shoot is over. He cited an incident last Wednesday when film crews for two movies, "Delivery Man" and "Winter's Tale," were both issued permits on the same day, resulting in snarled traffic and the closure of streets and eight blocks of parking. • METRO

Dead body found in duffel bag

The NYPD confirmed that a body was found in a duffel bag in Brooklyn on Sunday. Police received a 911 call around 4:30 a.m. from an individual who noticed part of the victim's body protruding from the bag on the street in front of 750 Madison Street in Bedford-Stuyvesant. The victim, an unidentified black male, appeared to be beaten to death. METRO

Serial burglar strikes W. Village

The NYPD is on the hunt for a serial burglar who robbed five restaurants and one clothing store, all in the West Village. Cops say he broke the front glass doors with a brick, always striking at night while the establishments were closed. He stole cash from the registers. • METRO

Any value post-Sandy?

♠ After hurricane, agents report second thoughts about waterfront homes
♠ But many say siren call of beachfront will continue to propel value



If the city rebuilds the waterfronts, will New York buyers come?

That is a question being mulled over by city brokers and builders after Sandy slid houses from foundations and sent floodwaters rushing into waterfront property around the boroughs.

Many New Yorkers are still unable to sleep in their homes, with a slew destroyed in the storm and hundreds more damaged and slated for bulldozing by the city.

Waterfront recovery will also be the topic at a Municipal Art Society event next week, where Secretary of Housing and Urban Development Shaun Donovan, assigned by President Barack Obama to oversee recovery here, will speak.

One thing real estate experts agree on is that flooding will add to the list of concerns investigated by New York browsers, alongside bedbugs, views and square footage.

Doug Perlson, CEO and founder of RealDirect, said two separate buyers recently looking in the Financial District added a new specification: no apartments in Zone A, which was evacuated. One specifically sent a map of the evacuation zone, he said.

"I think that's the kneejerk reaction," he said.

In the Rockaways, he added, people who rented

Discuss the water

At the Municipal Art Society, the Road to Resilience series focuses on waterfronts next week. The event, "Sink or Swim: Principles and Priorities for Waterfront Restoration in a Post-Sandy Era," hones in on how to make long-term invest-

ments in infrastructure that also assess the rising sea level.

The keynote speaker will be Secretary of Housing and Urban Development Shaun Donovan, assigned by President Barack Obama to oversee recovery here.

The program is free, but register at www.mas.org.

Quoted

"There is something soulful, I think, about living on the water, [and] spiritual." HAROLD KOBNER

"For anybody that leaves, there's always going to be somebody else that's going to come back."

"When you build a house on the water, you know something could possibly happen."

from his father fled "and have no intention of coming back," he said.

"He's seeing a lot of renters say, 'It's not worth it."

But that is certainly not the case for everyone, especially those with decades in the same area. "I think there's a tremendous loyalty to the neighborhood," he said.

But skittishness might not translate into ghost-town waterfronts.

Gary Malin, president of Citi Habitats, said the pull of the water would never be trumped by safety concerns.

"The views are something people crave," he said. "It's in unlimited supply, and very serene, and people love that."

Harold Kobner, associate broker at Argo Residential real estate, agreed, "This was a bump in the road."

Buyers that want the water know it carries risks, he said.



Rent in

Manhattan



Renters relocating to other parts of the city will find a tightening market with little room for negotiation as rates edge closer to records, said Jonathan Miller, the president of appraisal firm Miller Samuel Inc.

16.5K

More than 16,500 Manhattan residents have applied for housing assistance from the Federal Emergency, Management Agency, according to Hannah Vick, a spokesperson.

4.6M

The \$4.64 million in funds the agency has approved for residents can be used to pay for hotels and short-term rental units.

2%

Manhattan's apartment vacancy rate was 2 percent in October, down from 2.3 percent the same month a year ago, according to a Nov. 14 report by Miller and brokerage Douglas Elliman Real Estate.

\$3.2K Manhattan's median rent was \$3,200, 2

rent was \$3,200, 2 percent less than the peak of \$3,265 in 2006.

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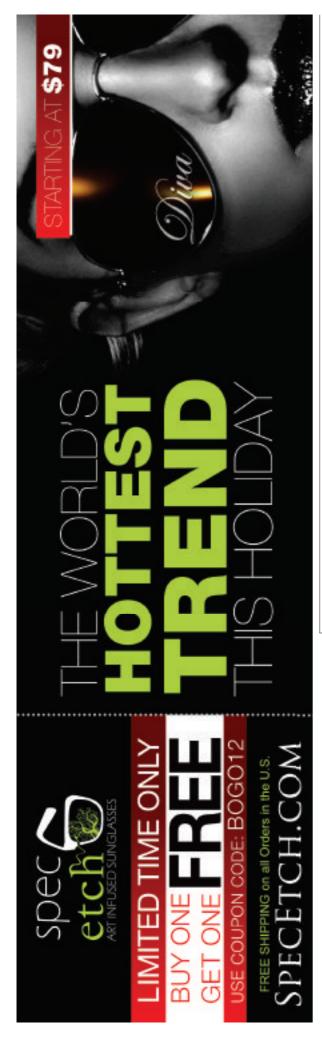
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Walgreens



Street artist busted by NYPD for 'drone' posters

A street artist named Essam Attia is in hot water with the NYPO — hot water that he foresaw in an article that some say might have led to his arrest.

Attia, 29, allegedly replaced posters in 56 pay-phone displays with fake "ads" using the NYPD's official seal and reading "Drones: Protection When You Least Expect It."

He now faces 56 counts of criminal possession of a forged instrument in the third degree.

According to the complaint, Attia is also being charged with grand larceny in the fourth degree, likely because the value of the stolen property exceeded \$1,000, as well as possession of a firearm that was found between his bed frame and mattress when police searched his apartment.

The NYPD confirmed that he was arrested Wednesday, and the District Attorney's Office reported that he was arraigned at 12:30 a.m. Thursday. Bail was set at \$2,500 cash or \$10,000 bond.

Unconfirmed reports indicated that two friends bailed him out and that the firearm charge was dropped. He is due in court again today.

Back in September, Attia



Quoted

"Bloomberg, Kelly and his cronies are not going to take this lightly if I get caught."

ATTIA, IN A STORY POSTED ON N.Y. WEBSITE ANIMAL IN SEPTEMBER

was interviewed by the New York website ANIMAL, which identified him as "a 29-year-old art-school grad from Maine who served in Iraq as a 'geospatial analyst."

Some in the art community have suggested the article may have helped police identify Attia.

The article included a video interview with Attia's face and voice obscured, in which he asserts that his goal is to spark conversation.

"We have to remember that these are devices that right now are being used internationally to kill people," Attia said in the video.

DANIELLE TCHOLAKIAN danielle.tcholakian@metro.us

Did article lead to his arrest?

The DA's Office and the NYPD declined to comment on whether the article helped lead them to Attia, though a source at the NYPD did indicate knowledge of the video included in the article when responding to inquiries about "NYPD drone strike zone" street signs around Brooklyn, for which the artist takes partial credit in the video.







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news

NYC's #1 FREE DAILY

MONDAY, DECEMBER 3, 2012

O5

Apple's Cue seeks overhaul of maps amid duel with Google

Apple Inc.'s Eddy Cue, who took charge of map software last month, is racing to turn around the troubled service, firing a senior manager and urging partners to improve data amid an escalating rivalry with Google Inc.

Cue, 48, senior vice president overseeing Apple's online services, pushed out maps supervisor Richard Williamson in a management shakeup soon after taking over the program, said people familiar with the situation, who asked not to be named because the information isn't public. Cue is seeking advice from outside map-technology experts and prodding maps provider TomTom NV to fix landmark and navigation data it shares with Apple.

Apple is under pressure to remedy mapping software widely faulted for unreliable landmark searches, routes that get users lost and a lack of pub-



lic-transit directions. Building confidence in the tools is crucial as Google prepares its own downloadable mapping application for the iPhone and iPad, threatening to lure users and ad dollars away from Apple.

"Maps are a mission-critical application, and consumers have to trust that what they are seeing is correct," said Sarah

Rotman Epps, an analyst at Forrester Research. "Apple will have to work really hard to reearn that trust."

The bungled introduction of the new mapping features also contributed to the ouster of mobile-software chief Scott Forstall, whose departure was announced in October.

BLOOMBERG

Maps haven't

slowed sales

While flaws in Apple's map program haven't dented sales of the iPhone 5, which was introduced in September, the shortcomings were an unusual public misfire that forced Chief Executive Officer Tim Cook to apologize to customers.

A rare stumble

A critical mistake for Apple was saying before the mapping product was released that it would be one of the best services on the market, said Noah Elkin, an analyst at researcher EMarketer Inc.

News in brief



Hong Kong parking costs rise as cash moves from homes

HONK KONG. Investors reacting to the Hong Kong government's campaign to curb home buying in the world's most expensive market are shifting money into parking spaces, pushing up prices that in high-end neighborhoods can match the cost of two U.S. homes.

The average price of a previously owned parking spot in residential complexes rose 6.7 percent to HK\$640,000 (\$82,600) in the third quarter, the second highest on record, from the prior three months,

according to Centaline Property Agency Ltd. A space in the exclusive Repulse Bay area sold in May for HK\$3 million (\$387,000), the most for a single transaction and more than double the median U.S. home price, according to CarparkHK.com, a website that tallies parking-spot information. **BLOOMBERG**

Tech-fueled job boom spreads beyond the nerds

SAN FRANCISCO. Nerds are no longer the only ones benefiting from the innovation boom.

Having left the heavy-lifting to technology companies until early this year, San Francisco's non-tech employers are playing a growing role in the city's labor recovery. Positions in everything from retail to construction to hospitality now comprise about 75 percent of the city's job growth, helping the Northern Californian hub add jobs at among the fastest rates in the nation and reduce its unemployment rate to 6.5 percent. **BLOOMBERG**



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Suicide bombers attack US base in Afghanistan

Some Afghans doubt government security forces will be able to defend against any Taliban attempts to seize power again after foreign troops withdraw.

Suicide attackers detonated bombs and fired rockets outside a major U.S. base in Afghanistan yesterday, killing five people in a brazen operation that highlighted the country's security challenges ahead of the 2014 NATO combat troop pullout.

Local police officials said bodies in Afghan police and military uniforms were scattered around the entrance of the airfield in the eastern city of Jalalabad after a two-hour battle. A Taliban spokesman said the militant group had launched the 6 a.m. assault.

The Taliban, who have been fighting U.S.-led NATO and Afghan forces for more than a decade, sometimes dress in uniforms for attacks.

Taliban text

In a text message, Taliban spokesman Zabihullah Mujahid said: "This morning at 6 a.m. a number of our devotees attacked the major U.S. Base in Jalalabad city and so far have brought heavy casualties to the enemy."

Two suicide bombers died after blowing themselves up in cars, said Nasir Ahmad Safi, a spokesman for the provincial government.

Seven other bombers were killed in the a gun battle with Afghan and coalition forces. Three Afghan soldiers and two civilians also died, said Safi.

U.S. helicopters circled over-

Several coalition troops were wounded, said Major Martyn Crighton, a spokesman for the NATO-led International Security Assistance Force.

The United States and Afghan government are scrambling to stabilize Afghanistan before most NATO combat troops withdraw at the end of 2014 and hand over security to Afghan forces.

President Hamid Karzai's government say Afghan security forces have made good progress.

Afghanistan's defense ministry spokesman said there were rocket attacks at the Jalalabad base followed by suicide bombings. **REUTERS**

News in brief



Microsoft said to speed Windows upgrades to yearly

SEATTLE. Microsoft Corp. plans to overhaul how it develops the flagship Windows operating system in a strategic shift aimed at keeping pace with nimbler rivals Apple Inc. and Google Inc., people familiar with the

matter said.

Microsoft aims to upgrade the software more frequently, about once a year, rather than every two or three years as it's done in the past, said the people, who asked not to be identified because the product plans are private. The company plans to unveil the first of these updates in 2013, one of the people said. **BLOOMBERG**

Geithner predicts Republicans will allow higher taxes

WASHINGTON. U.S. Treasury Secretary Timothy Geithner pressed Republicans to offer a plan to increase revenues and cut government spending and predicted they would agree to raise tax rates on the wealthiest to secure



a deal by year-end to avoid the "fiscal cliff."

In a blitz of appearances on five Sunday morning talk shows, Geithner insisted that tax rates on the richest needed to go up in order to reach a deal, a step Republicans have so far resisted, and he dismissed much of the contentious rhetoric from last week as "political theater."

REUTERS

THIS ARTICLE BEFORE IT'S TOO LATE!



According to the American Academy of Orthopaedic Surgeons (AAOS), there are about 270,000 knee replacement operations performed each year in the United States. This image depicts the procedure.

Want to avoid knee surgery?

Our program could be the solution you are looking for.

Do your knees hurt when going up or down the stairs?

Do you frequently take medication for knee pain?

Have you tried physical therapy?

Do the activities you enjoy cause pain in your knees?

Have you had cortisone or other injections to the knee that have not worked?

Do your knees make you feel older than you really are?

Are you afraid that your knee pain is only going to get worse?

If you answered YES to any of these questions, keep reading...

[1] Reference - Epidural steroid injections procedures. Medscape reference retreived July 26th 2011. [2] Results may vary. Prior results cannot quarantee future outcomes. Copyright © 2012 NY Wellness Solutions, Inc.

Why do knee injections often fail? What's different about our procedure?

Most doctors today do one of three things:

1) They perform "blind injections" (an injection done without imaging guidance). 2) They use antiquated equipment from as far back as 2001, even in some of the

largest hospitals in New York. 3) They use Cortisone, which can have side effects.

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FACT: 30-40% of blind injections result in needle misplacement. [1]With this much inaccuracy, it's no wonder most people never find relief.



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Opinion

JUSTIN DOWD WINNER OF METRO'S RACE TO SPACE

Log on

Justin has produced a chalkanimation video to accompany this column. View it at www.metro.us/weirdscience

TRUE STORY OF DARKNESS

Darkness is an illusion produced by the mind. Your eyes detect a sliver of light shining in the surrounding world, like Alice viewing Wonderland through a keyhole. Radio- and microwaves are light with an invisible frequency, just as many sounds resonate too high or low for human ears to detect. If you could see all light, darkness would disappear.

et's say you can see the whole spectrum. Radio towers become visible like beacons outside normally dark rooms, streaming through solid walls like glass. Cell phones flash through buildings everywhere there are people, beaming and catching conversations encoded in light.

The Milky Way becomes a thin inferno streaking across the sky day and night, each spark a star. Oceans of gas and dust in space absorb most visible light streaming from the galaxy's core, like overcast skies hiding the sun. Radio waves pass through intergalactic dust, revealing light from more than a hundred billion stars in a dense strip along the galaxy disk.

The term "Big Bang" is often used to describe the massive release of energy around

Quoted

"The term 'Bia Bang' is often used to describe the massive release of energy around 14 billion years ago, which provided all matter for the universe as we know it. Whether the bang erupted from a tiny point, higher dimensions colliding or something else, you are made of that energy."

14 billion years ago, which provided all matter for the universe as we know it. Whether the bang erupted from a tiny point, higher dimensions colliding or something else, you are made of that energy. So in a way you were present at the Big Bang.

he best evidence for something banging is heat leftover in microwaves everywhere in the vacuum of space. Evidence for the theory was discovered accidentally. In 1964 two New Jersey scientists couldn't identify the source of static in their radio telescope. They even evicted pigeons and scraped droppings from the dish, while the pesky signal was from the birth of the universe itself. If you could see microwaves, the night sky would glow in every direction from the Big Bang, like embers from a fire.

Darkness doesn't really exist, even in the widest gaps between galaxies. After all, eyes only detect light while you see with your mind. To watch animation bring this idea to life and discover more mind-blowing truths, search "race to space" on Metro's website, www.metro.us/weirdscience

Metro does not endorse the opinions of the author, or any opinions expressed on its pages.

Metro Magic toy drive

Log on to www.metro.us and look for the Metro Magic logo at the top left.

One click on the logo will take you to a "wish list" we have set up via a secure link on Toysrus.com. Once there, you can see all the toys we've already requested, with more added daily.

► All the gifts purchased will be sent directly to Metro's office. It's the third year of Metro Magic, where we ask our readers to go online to buy toys for underprivileged children.

■ METRO







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Responding When a Loved One Gets Cancer

Free Lecture: How to Respond to a Friend or Loved One's Cancer Diagnosis

Presented by NYU Cancer Institute, an NCI-designated Cancer Center

This interactive workshop will be led by Jessie Gruman, a four-time cancer survivor and author of the book *Aftershock: What to Do When the Doctor Gives You—or Someone You Love—a Devastating Diagnosis*. She will draw upon the experiences of participants, as well as the results of interviews with hundreds of patients and caregivers. The aim of this lecture is to prepare its participants to appropriately respond to a troubling diagnosis of friends and loved ones with clarity, confidence and generosity.

Presenters:

Jessie Gruman, PhD Author, President

Center for Advancing Health

Karen Langer, PhD Clinical Psychologist Manager, Psychosocial Services

NYU Clinical Cancer Center

Michelle Tropper, MPH Administrative Director Community Outreach and Education Program

NYU Cancer Institute

Tuesday, December 4, 2012 6:00 PM – 7:30 PM NYU Kimmel Center 60 Washington Square South, Room 914

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education **NYC's #1 FREE DAILY** MONDAY, DECEMBER 3, 2012

Considering grad school? Consider this

Pay a visit: Visit the school you are applying to and connect with faculty and prospective su-

Having that face time with a member of the selection committee or a prospective supervisor can go a long way in helping you to get into a program. Many programs will not admit a student unless they already have a faculty member who is willing to supervise his or her research.

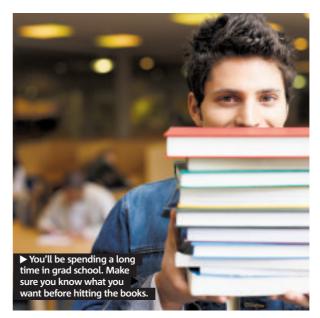
If you take the time to learn who is out there and connect with him or her about your area of interest, then you are halfway, at least, to getting in.

App don'ts

Don't hand in an application that is disorganized or one that contains spelling or grammatical mistakes. This will give the impression that you're not clear about your purpose or do not take the application seriously. Scale back the flattery. A number of admissions committee chairs have cited distaste for applications that include insincere flattery, such as praising the program in an obsequious manner.

Do your research on research: Take time before you start the application process to reflect on what you would like to research while in grad school.

The most successful applicants are those who have a clear research interest - one that is innovative or takes a new approach to an old question. You need to know how you want to conduct your research, what resources you intend to use, what burning question you want to address and why it's important. Of course, it is difficult at this point in time to know the answers to all of this - but the closer you can



get, the better.

Have a mission statement: Prepare a statement of purpose that is personal, not cliched or filled with broad, sweeping statements and random flattery of the program to which you are applying.

Have your purpose figured out? Now explain who you are, what you want and why you want it from where you are applying.

Rewrite, give drafts to your family and friends. Make it punchy, personal and — just as importantly - free of typos.

Start collecting recommendation **letters ASAP**

Give the people writing your letters of recommendation at least four weeks' notice. You want them to be thinking of you positively when they write that letter — so the more leisurely and the more prepared they are, the better the letter will be. If they are rushed, they may feel frustrated or stressed - and that will have a negative impact. Also, make sure vou're on good terms with that professor: Often, students receive unflattering letters because they fail to ask whether the potential recommendation author would write a favorable letter.

CLARE TATTERSALL FOR

TalentEgg.com is a job board and online career resource for college students and recent graduates.

Bullying hits unsuspected classrooms

In 2007, Jaime Lester launched a study on workplace bullying at George Mason University. While there have been thousands of similar organizational studies over the years, this may have been the first to look specifically at the faculty of a

"Our end results were very confusing. If we had X percent of faculty bullied by other faculty, is that high compared to other colleges? We didn't know, because there is so little that's known about this," says

A recent study by CareerBuilder found that up to 35 percent of employees have been bullied in the workplace.

Lester. "So I felt we needed a conversation starter. How can we frame this in such a way that we push forward more work on this topic?"

The result, "Workplace Bul-

lying in Higher Education," will be released in December. The book features contributions from more than a dozen bullying experts, including two of the nation's leading workplace aggression scholars: Joel H. Neuman of SUNY New Paltz and Wayne State's Loraleigh Keashly.

But a college faculty is like no other set of co-workers, and this book makes an effort to walk through the practical and legal particularities of a college campus. While most colleges have created strong anti-bullying resources for students, the only recourse for faculty and staff is frequently to notify their human resources depart-

"Power dynamics are very different in higher education. If you look at the literature on organizations, generally, they say women are more likely to be bullied than men, and people in lower levels are more likely to be bullied than in higher levels," explains Lester. "But in higher education I think it's



much more complicated. We have some evidence of students bullying faculty, staff bullying faculty and the other way

around. It's a flatter power dynamic. That changes who is bullied and how often.'

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A four-year degree isn't always the right answer

Quoted

"Your parents, your family, your school: Everybody tells you to go to a four-year school and get that degree. But it's not for everyone." HUTCHINS

New book provides career guidance for those who aren't interested in pursuing a traditional degree

After publishing how-to books on paying for college, the American Library Association felt it was about time to create a guide for students looking to forgo what has become an American right of passage.

"I Don't Want to Go to College: Other Paths to Success" is a manual for those who know a four-year degree isn't right for them. In 200 pages, the book takes the reader step-bystep through the process of pursuing a rewarding career, beginning with skills and interests worksheets to help illuminate alternatives.

"Your parents, your family,

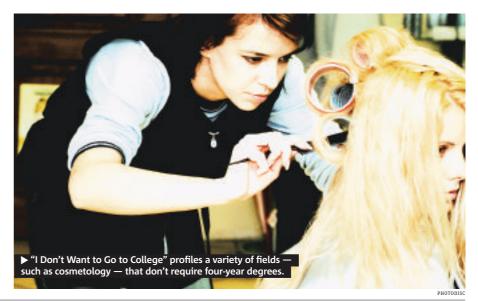
your school: Everybody tells you to go to a four-year school and get that degree. But it's not for everyone," says the guidebook's author, Heather Z. Hutchins. "If your inclination doesn't run that way, then there's lots of other opportunities for you. When I started researching the book, I was really shocked at just how many alternatives there are to a four-year degree."

"Other Paths" profiles a wide range of careers, from pharmacy technician to hair-stylist, and includes information about the specific training and certificates required for

each of them.

"I tried to be really meticulous about including every important detail on these jobs, so the reader can know in advance exactly what they want, and how to get it," says Hutchins. "I wanted to give people a resource on just about every aspect of the job search: how to give a good interview, prepare a professional resume, find an apprenticeship and ... apply for financial aid. There's plenty of learning going on outside of college campuses."





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▶ Checking in with some of Hollywood's biggest names to see what they've been up to - in their own words, in 140 characters or fewer.

Arustyrockets

On my way to #PerthArena, first comic to play there. And last - the finale involves clumsy pyrotechnics.

Abillmaher

Dec. 1 is kind of a depressing day - into the last month now...another year shot, another year closer to death. Happy Holidays everybody!

@kevin_nealon

Conundrum Question: What if global warming was responsible for no earthquakes lately in California?

my**entertainment**



Metro's **Dorothy Robinson** shares her take on the world of gossip **@dorothyatmetro and dorothy.robinson@metro.us**



Shania Twain takes on Vegas

Move over, J.Lo: Shania Twain can also rock a catsuit while performing — and she's 47! The singer kicked off a two-year residency at Caesars Palace in Las Vegas on Saturday.

Diamonds are a dating guru's best present

Oh, the beauty of dating around the holidays. You go from being asked why you don't have a boyfriend/girlfriend to, when you do finally have someone you could fathom bringing home, stressing out about introducing your current sex buddy to your parents without resorting to pharmaceuticals.

So you don't overdose on Xanax, we brought in a professional: "Millionaire Matchmaker" Patti Stanger, who we caught up with at a tasting of TY KU in New York City.

"First of all, the person who comes should bring a gift to the parents," Stanger instructs. "That sets the tone. Find out what [your partner's parents] like. Wine? Chocolate? The second thing is telling your parents a little bit about the person's interests and likes, so they have a hot button to push," she notes. "Tell the same thing to your mate, so they can get into a conversation. Once that's broken in, they'll be fine."

Feeling better? Good. Now onto the next dilemma: What should you give as a gift? If you're on a budget, don't look to Stanger for guidance they call her the "Millionaire



Matchmaker" for a reason. When we asked what was the best holiday gift she ever received, she didn't miss a beat: "Jewelry and diamonds. Diamonds are the best."

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my**entertainment**

Highlights from Saturday's **Jingle Ball**

➤ Taylor Swift

The first half of Jingle Ball, the annual concert by KIIS-FM in Los Angeles, was held on Saturday. The second half, held tonight, features Justin Bieber, Ke\$ha, Flo Rida, Psy and more.







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TODAY

my**entertainment**

'I will never go back to Marineland'

That's the solemn vow of Marion Cotillard after portraying a whale trainer in new film 'Rust and Bone'

In "Rust and Bone," Marion Cotillard turns in a moving performance as a killer-whale trainer at Marineland — a Sea World-type amusement park in the south of France — who loses her legs after an on-the-job accident. But playing a double-amputee wasn't nearly as difficult for the Oscar-winning actress as visiting the real-life Marineland. "I don't feel comfortable in a place like that," she admits.

"On my first day I arrived five minutes before the show. I watched it and I thought it was "On my first day I arrived five minutes before the show. I watched it and I thought it was horrifying."
COTILLARD, ON MARINELAND

horrifying," she remembers. "And then my trainer turned to me after the show and said, 'Did you like it?' And I thought, how am I going to answer? Am I going to lie? Am I going to tell



the truth? And I couldn't lie. I said, 'No, I hated it, but I don't want you to think I'm disrespectful."

That didn't mean she couldn't connect with her character and feel at home in her wet suit, though. "Those people, they have a passion. They're passionate about what they do. They love the animals, so they made my job easy because passion is contagious," she says. "But I will never go back to Marineland."

A lot of Cotillard's discomfort with the establishment re-

minds her of another film, "Finding Nemo," and the unintended consequences of its popularity. "There was an explosion of sales of clown fish after that movie," she says. "The story of the movie is telling the audience don't take them out to put them in an aquarium, and that's exactly what happened. "I really wonder if those Sea World, Marineland places really make a difference."



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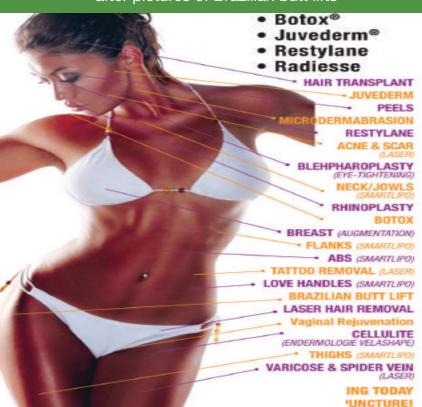
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myentertainment

'Twilight' tops 'Skyfall' again

Box office

The "Twilight" teen vampire movie shined again at U.S. and Canadian box offices, earning \$17.4 million and its third consecutive No. 1 ranking as James Bond held strong and Brad Pitt's new movie struggled.

"Twilight" finale "Breaking Dawn - Part 2" finished just ahead of "Skyfall," the 23rd film in the Bond franchise. "Skyfall" rang up \$17 million from Friday through Sunday.

"Breaking Dawn - Part 2" has pulled in \$254.6 million since its release, while "Skyfall" has grossed \$246 million, putting both among the top films of the year.

Brad Pitt's new movie, the small-budget gangster film "Killing Them Softly," grossed \$7 million and landed in seventh place. **REUTERS**



Top 5 films

Dawn - Part 2."

1. "The Twilight Saga: Breaking Dawn - Part 2": \$17.4 million

2. "Skyfall": \$17 million
3. "Lincoln": \$13.5 million

4. "Rise of the Guardians": \$13.4 million

5. "Life of Pi": \$12.2 million

TV watch list

MONDAY, DECEMBER 3, 2012

'Blake Shelton's Not-So-Family Christmas'

SPECIAL. Country singer/
"The Voice" troublemaker
Blake Shelton celebrates an
unconventional Christmas
with a few of his famous
friends, including wife Miranda Lambert, Kelly Clarkson, Christina Aguilera and
Jay Leno.
10 p.m., NBC

'Castle'

DRAMA. Castle and Beckett's first Christmas together is spoiled by a Santa who drops dead. Nothing a kiss under the mistletoe can't fix, we think. 10 p.m., ABC

'90210'

DRAMA. The 90210-ers celebrate 100 episodes with a high school reunion at West Beverly — and a party at the Playboy Mansion. Because, hey, why not?

8 p.m., The CW



myiobs

Let your next job find you

Employers are hitting the Web in search of top talent How to stand out using social media profiles, a bit of branding and some strategic marketing

t wasn't long ago that job searching meant circling interesting opportunities in L the Sunday newspaper or dropping off a résumé by hand to a receptionist.

Now, with social networking evolving so rapidly, even traditional online job boards are struggling to keep up with the fast-changing way employees are getting hired. Candidates are no longer the only ones actively searching for jobs - employers are now hunting on the Internet to find top talent, as well.

So how exactly do you get on their radar? Well, the answer is relatively simple: It's all about personal branding and online footprinting.

Think of yourself as a brand and define your niche. Rather than focusing on what you want to

Be searchable by trade

Do your homework in your industry and know what all the keywords that surround your dream job are. Once you have determined which industry specific keywords are used, scatter them around all of your profiles. Don't change your title to something meaningless like Digital and Social Media Marketing Web 2.0 Internet Networker and Consultant, but do use keywords to improve your chances of showing up in search results.

do, focus on what you already do or have done that is relevant to your "dream job." Defining what you do will help employers determine whether or not you have the skills they are looking for. Also, remember to be clear and concise with your personal brand messaging; it should be apparent at first glance what it is that you do.

Treat yourself like a marketing campaign. This doesn't mean putting banner ads all over the Web to promote yourself, but you should be using social networking sites such as Facebook, Twitter and LinkedIn to showcase your professional skills. Think about where your "target industry" hangs out and make sure you are present there as

LinkedIn, Twitter and even Facebook are gold mines when it comes to attracting attention from companies.

Complete your profiles and keep them consistent. Without overloading your profiles with details of everything you have ever done, profiles should give more information than just the bare minimum.

Complete profiles will not only give employers more insight into your skill set than just a name or title, but they will also help you show up more frequently in search results. Consistencies between profiles will also help employers find you.

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How to handle your haters

t some point in our lives, we all have to deal with haters. Maybe someone is rude to you on the subway. Maybe you've got a negative person in your office. Or perhaps you receive negative messages on the Internet. Experiencing negativity from others can be a real drag, and it's very hard not to take this stuff personally. I often witness people get so caught up in the negativity of others that they get physically ill over it. Letting haters get you down is a huge waste of time and energy. To help you navigate these rela-

Zen in the City



GABRIELLE BERNSTEIN

tionships, I've outlined three steps for handling the downers in vour life.

Step 1: Understand that it's not about you

When people attack us, it's easy to assume that the attack

has merit and means there's something wrong with us. I choose to have a different perspective - I like to have compassion for these folks. Let's face it: A happy person won't waste time being mean to others. Therefore, we must have a tremendous amount of compassion for these people. Anyone who wastes time and energy spreading negativity clearly needs more light in his or her life. Begin by simply reminding yourself that a happy person doesn't harm others. Let this realization help you have compassion for the haters.

Step 2: Drop the boxing gloves

Through my spiritual

practice, I've come to understand that "insistence means investment." When we invest in the illusions of others by defending ourselves or fighting back, we only invest deeper into the craziness. Engaging in negativity creates more of it. Therefore, instead of fighting back or becoming defensive choose to release defensiveness and steer far away from creating more drama. Fighting back is like yelling at a barking dog. There's no good outcome. Instead, practice defenselessness and witness how much energy and time you save avoiding more drama.



Step 3: Forgive

Forgiveness helps us detach from the negative energy cord that ties us to our enemies. Energy is in everything. If we don't clean up our energy through forgiveness, we'll continue to carry negativity. In the case of handling these negative folks, it's imperative that you practice the F-word: Forgive. Steps one and two will prime you for forgiveness. Compassion will reconnect you to a sense of oneness and defenselessness, which will help you put down the boxing gloves and settle into a new perspective. The final step is to let go fully and forgive. In this step, you'll set the intention. Simply say, "I wish to forgive you and release you." Then let the forgiveness process take on a life of its own.

— Gabrielle Bernstein is the author of "Spirit Junkie."

Metro does not endorse the opinions of the author, or any opinions expressed on its pages.

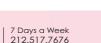
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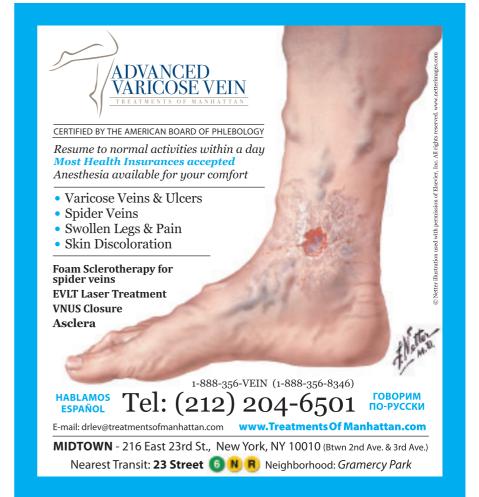
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myletters&games

Letters

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It's racism to accuse Jews of racism

RE: "HARMONY STARTS WITHIN THE FAMILY" (METRO, NOV. 30-DEC. 2) As a Jew of European background who was active for many years in the campaign to rescue Ethiopian Jews, I was appalled that Metro recently published a letter by Paul Hunter that was nothing but an ignorant, slanderous rant against what Hunter calls "European Jews."

Racism against European Jews is also racism, and if Hunter is really sincere about eradicating bigotry from the world, he should start with the ugly anti-Semitism that poisons his own so111.

I would also recommend that Metro readers touring Israel ask to visit Ethiopian Iewish communities so that they can see for themselves the miracle of rebirth in the Holy Land.

YEHUDA SHAPIRO, VIA E-MAIL

If the shoe fits, buy a lot more of them

RE: "PHOTO OF COP GIVING SHOES TO HOMELESS MAN GOES VIRAL" (METRO, NOV. 30-DEC. 2) The photo of the police officer kneeling and giving a pair of shoes to a homeless man in New York City just brought tears to my eyes.

Now this is what Christmas should be all about. Christmas is not about fighting in malls for meaningless gifts, it's not about drinking your head off, it's not about killing trees to hang decorations on them — but peace on Earth and good will. RUTH MARTINEZ, VIA E-MAII.

Anti-Islam video iust a cover-up for gov't conspiracy

RE: "IT ONLY TAKES A FEW BAD APPLES" (METRO, NOV. 28) Letter writer John Francis Fox is either gullible or hasn't heard the news.

The anti-Islam movie had nothing to do with Islamist revolting and killing four Americans. If you ever gone to YouTube and typed anti-Islam, you would see hundreds videos more offensive then this guy's movie.

The U.S. government used the movie as a coverup. They were well aware that terrorist groups were going to attack U.S. embassies in the Middle East, and they didn't do

anything about it. If anything, John, you should be angry at the U.S. government for using this movie as an excuse to portray Muslims as savage people incapable of rational thought, because that is what world thought when they heard the news. TAMARA PIZHADZE, VIA E-MAIL

How dare the gossip page poke fun at hefty celebs

RE: "JESSICA SIMPSON RAISES NICK LACHEY'S BABY COUNT BY ONE" (METRO, NOV. 29) I read your article and found to be extremely catty and mean. Calling Jessica Simpson gigantic was very mean. Someone in your position should be more careful with the words you use.

It's cruel, and I'm almost certain if you were to see her in person you wouldn't fix your mouth to say to her face what you wrote in that article. Shame on you. COLLEEN, VIA E-MAIL

Horoscope

₹ Sagittarius Nov. 23-Dec. 21. With the tremendous optimism you espouse, you should have little trouble awakening enthusiasm in others. Whatever it is you're doing, they'll want to be part of it.

B Capricorn Dec. 22-Jan. 19. Although you may not think you require any assistance from others. they might end up helping you get what you want. You'll realize how badly you needed help.

Aquarius Jan. 20-Feb. 19. Most any group could benefit from your presence. You'll be a great catalyst, knowing exactly what needs doing and how to effectively go about doing it.

H Pisces Feb. 20-March 20. A special target that you've been striving for could turn out to be much bigger than you initially thought. Once achieved, it will have many farreaching effects.

T Aries March 21-April 19. A friend who has been quite fortunate for you once before might be so for you again. Stick close to him or her, because this person is likely to be quite helpful.

¥ Taurus April 20-May 20. This could be one of those wonderful days when everything you touch generates additional income. Pay

special attention to a side endeavor. $\dot{\Pi}$ Gemini **May 21-June 20.** Lady Luck is likely to be involved in many of your endeavors, but she will probably shine most on a partnership arrangement.

19

Gancer June 21-July 22. Focus your efforts on making as much money as you can. If you do. it's likely that you will find a way to increase your earnings through a onetime source.

 $oldsymbol{\Omega}$ Leo **July 23-Aug. 22.** Working in close tandem with others will prove to be quite lucky for you. However, the results will be even more impressive if you call the shots instead of letting another do so.

TV Virgo Aug. 23-Sept. 22. This can be an especially rewarding day, mostly because you'll be able to successfully weld your inner desires to your external capabilities. Something great will come of it. ← Libra Sept. 23-Oct. 23. Something extraordinary could occur, which would put you in an extremely happy frame of mind. Whatever it is, it will be the type of event that will

M Scorpio Oct. 24-Nov. 22. Instead of diminishing or modifying your hones and expectations, try to elevate them to new heights. You are far luckier than you may realize, so think big. **BERNICE BEDE OSOL**

be worth celebrating.

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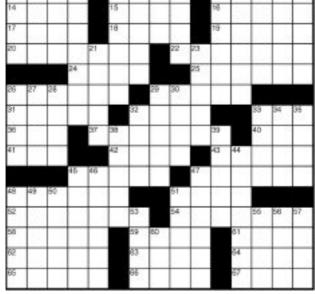
- 1 Percussion instrument 5 Turn white
- 9 Of the Vatican
- 14 Theory
- 15 Safe callers
- 16 Burro alternative
- 17 Equipment
- 19 Humerus neighbors
- 20 Naive
- 22 Prehistoric 24 Linen vestments
- 25 Cub Scout leaders
- 26 To no avail 29 Some dancers (hyph.)
- 31 Dwelling 32 Actor Neeson
- 33 Join together
- 36 Grant approval 37 Wire-haired dog
- 40 Galena
- 41 NASA counterpart
- 42 Platinum records
- 43 Nozzle choice
- 45 Move smoothly 47 Impose taxes
- 48 Corkscrew 51 Sticky soil
- 52 Akhenaten, the "-
- 54 Refuse to buy

Pharaoh"

- 58 Hold forth
- 59 Two fives for
- 61 Day fraction
- 62 Sheepfolds 63 Fourth planet
- 64 He wrote "Picnic" 65 Posed to propose
- 66 Just OK (hyph.) 67 Box

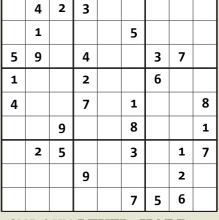
Down

1 Billion, in combos 2 German river 3 "Cooll"



- 4 Festoon of flowers 5 Saves (2 wds.) 6 Not quite right
- 7 RN assistant 8 Is, in Madrid
- 9 Spunky
- 10 Comrades in arms
- 11 Discussion group 12 Fridge maker 13 Holds up
- 21 Cherbourg shes 23 Supermodel -
- Campbell 26 Dell
- 27 Vigoda and Saperstein 28 Modicum
- 29 Please, in Vienna 30 Some vampires
- 32 Burglar's "key" 33 Made threadbare
- 34 Memorable decades 35 Pashas
- 38 Hot pepper 39 Dreaded assignment
- 44 Mind reader 45 Grimm maiden
- 46 Most current 47 Maria Conchita 48 Stun
- 49 Madonna role 50 Burnt up
- 51 Truckers on the air 53 Valve lifters 55 Dame — Chaplin
- 56 Pulls gently 57 Beech or oak 60 Way of Lao-tzu

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sports **NYC's #1 FREE DAILY** MONDAY, DECEMBER 3, 2012



Tebow rests up for Jags

Jets backup quarterback Tim Tebow was inactive



for a game for the first time this season, the result of an injury to his ribs he suffered three weeks ago in

Tebow was rarely used in practice throughout the week and barely threw the ball. On Friday, he said it was painful to even attempt passes.

"I never thought he was full-go. Kind of sitting back, a little trouble throwing the football. We did practice him on a very limited basis throughout the week," head coach Rex Ryan said. "Just something that I felt it'd be better for him to take this week off and should be much more healthy for Jacksonville."

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NEXT MAN UP

Sanchez benched as Ryan finally gives in to QB controversy McElroy leads team to win, albeit ugly, in relief Decision on next week unknown

dinals.

Sanchez was yanked from the game in the third quarter in favor of backup quarterback Greg McElroy, who was elevated to the active roster in place of the injured Tim Tebow. It was McElroy's first appearance in an NFL game.

"Obviously it wasn't my day," Sanchez said. "I didn't expect it. Doesn't matter, it's the coach's call. He wants to win the game, so he's going to do his best to do that."

The Jets defense was there to bail out the sputtering offense throughout the game, limiting the Cardinals to just three points in the first half and just five first downs for the whole game, tied for the Cardinals' lowest total in franchise history.

In just over a quarter of work, McElroy was an efficient 5-of-7 for 29 yards with a 1-yard touchdown pass to tight end Jeff Cumberland early in the fourth quarter. It was enough for the Jets to win by the narrowest of margins as his teammates seemed to feed off the

"It was tough to gauge the energy. I didn't have a decibel meter where I could tell what the crowd's noise was," McElroy said. "I was excited to get a shot to go in there." There could have been more

glory for McElroy, but the Jets' final drive of the game ended "I'll go prepare my on the Cardinals' 1-yard line as butt off. Whatever they chose to run out the clock rather than get another touch-

"I really liked the way he controlled that clock. It's no surprise, he comes from a great program," head coach Rex

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Sanchez was picked off three times, two of which were inexplicable throws off his back foot.

Ryan said. "He was smart; he knew how to handle that clock. He did a tremendous job of it; he's smart."

After the game, there was no decision on who would get the nod next Sunday against the Jaguars. Ryan said that any possible change would be coming later this week, which could allow Tebow the chance to start in his hometown.

metr⊕



The nightmare continues for quarterback Mark Sanchez, who had one of the worst outings of his professional career in the Jets' 7-6 win over the Car-

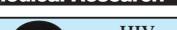
With 4:48 left in the third quarter, the Jets inserted McElroy into the game as the crowd rose to its feet to cheer.

emotion of the crowd.



Rex decides to do, we'll go with that." MARK SANCHEZ, ON STARTING NEXT

WEEK AGAINST THE JAGUARS



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sports MONDAY, DECEMBER 3, 2012 21



Knicks now handling easy games

• Veteran squad learning to win games they should New York goes up in Atlantic • Wallace gets tossed

The Knicks have been able to rectify two problems this year they are beating teams they should be beating and winning matinee home games.

They did both yesterday as they disposed of the also-ran Suns, 106-99.

The Knicks were able to overcome the noon start and jump on the Suns early en route to a 59-42 halftime lead. Phoenix battled back, as almost all teams do, cutting the deficit to as little as four in the waning moments of the fourth quarter, but the Knicks' veteran leadership and key buckets by Anthony, Raymond Felton and Steve Novak were too much for the overmatched Suns.

Felton notched 23 points, on 10-of-17 shooting, including 3of-6 from 3-point range. He also added seven assists but was more disappointed in allowing the Suns back into the game.

"We should've finished it early in the fourth quarter, but they kept fighting and making shots," Felton said. "But we were able to hold them off. ... Good teams do that."

Whereas in the past the

Sheed don't lie

Rasheed Wallace lasted all of 85 seconds in yesterday's game before earning two technical fouls and an ejection. The first he received for a hard foul, before being tossed for shouting "ball don't lie" after the free throw.

"He's the only guy in the league who gets a tech for saying 'ball don't lie,'" Carmelo Anthony said.

Knicks often lost either their focus or competitive fire against one of the league's bottom feeders, their maturity this season has allowed them to do what good teams do — beat up on the undermanned.

New York is now up in the Atlantic Division by a full game over their new cross-river rival Nets, as they improved to 6-0 at



Rams upset Niners, while **Pats clinch**

Week 13 goes down as one of the stranger slates of the season. Metro takes a look at a few games from yesterday.

Rams 16, 49ers 13 (OT) St. Louis somehow managed to



beat the eight-win 49ers despite not scoring an offensive touchdown. Janoris Jenkins scored a defensive TD, and Greg Zuerlein kicked a 53yarder to force OT and a 54varder to win it.

Patriots 23, Dolphins 16 New England clinched the AFC East for the fourth straight season thanks to 103 yards and a touchdown from Wes Welker.

Chiefs 27, Panthers 21 Brady Quinn was 19-of-23 for 201 yards and two TDs as the Chiefs won just a day after linebacker Jovan Belcher killed his girlfriend and committed suicide outside the team's stadi-

Seahawks 23, Bears 17 (OT) Sidney Rice caught a 13-yard TD pass in overtime to upset the Bears. METRO



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